

Do these statements reflect your hopes and needs, or those of your loved ones?

“More than anything, I’d like to stay comfortably in my own home but I need some help.”

“My parents love to go out to eat but they need assistance and transportation.”

“I leave early for work and wish there was someone to help my mother get out of bed, washed and dressed for the day.”

“My mother loves having her hair done. With my work schedule, I can’t always get her to the hairdresser.”

“I would love to be able to go out to visit with my old friends, but I can’t drive anymore.”

“My dad’s alone all day. I’m not sure if he’s eating enough. I would like to have someone who could check on him during the day and prepare him a meal.”

Sometimes referred to as “aging in place,” the ability to remain in your own home and community, with the services that keep you comfortable and safe on familiar ground, is definitely a realistic goal.

Care Connection works with our clients to plan and implement staffing and services at home. Even when families are divided by many miles, they can rely on us for thoughtful, coordinated care.

Care Connection
11 Dartmouth Street, Suite 302
Malden, MA 02148
Phone: 781-321-6300
Toll free in MA: 1-800-779-6302
Fax: 781-321-1289

www.intercityinc.com

Serving over 100 communities in metropolitan Boston, the North Shore, and the Merrimack Valley of eastern Massachusetts with offices in Malden, Salem and Lowell.

Proud members of:

Home Care Association of MASS.
MASS Council For Home Care Aide Services
National Association of Geriatric Care Managers
Malden Chamber of Commerce
Medford Chamber of Commerce

Other support services include:

Intercity Grocer*

Order your groceries over the phone and have them delivered to your home in our refrigerated trucks the next day. Call 781-321-6300 for more information or to get started.

Intercity Laundry*

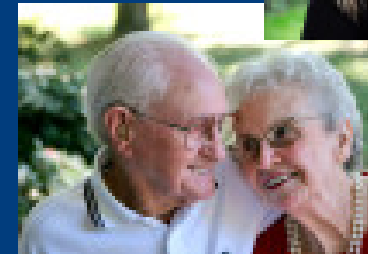
Laundry pick up, wash-dry-fold, and delivery to your home. Call 781-321-6300 for more information.

***Division of Intercity Home Care.**



CARE CONNECTION
A Division of Intercity Home Care[®]

Your connection to quality private home care services



**YOUR HOME, YOUR INDEPENDENCE
OUR SUPPORT, OUR CARE**

Serving over 100 communities

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About Care Connection

Care Connection is a home care agency providing a range of home support, personal care, and professional services. We offer a free in-home assessment and consultation, developing a plan of care to meet the specific needs of our clients and their caregivers.

Care Connection provides ongoing supervision and oversight of our staff. We are available 24/7 to clients, families, and staff. Care Connection is directed and managed by a professional geriatric care manager with over 30 years of experience.

Care Connection staff are carefully screened with a Massachusetts criminal history inquiry, reference checks, verified training, and personal interviews. We also conduct ongoing education, skills review, and regular performance evaluation and supervision.

Care Connection is the private pay division of Intercity Home Care, dedicated for over 40 years to helping elders and others live independently and safely in the comfort of their own homes. Intercity Home Care is a respected provider for the Massachusetts Executive Office of Elder Affairs, providing home care staff for multiple Elder Service agencies and serving over 100 communities.

Our services are available for as little as two hours or around the clock. For more information or to schedule an assessment at no charge, call Intercity at 781-321-6300 and ask for Care Connection.



Care Connection Services

Care Connection provides the quality services necessary for safe, independent living at home. Trained Care Connection staff ensure that our clients get the care they need with the independence they prefer. We offer a complete range of services, from companionship to clinically skilled support.

Our staff can help ease the concerns and demands of caring for a loved one.

Home support services

Companionship and Homemaking

- Conversation, games, reading aloud
- Prepare and serve a snack or meal
- Assist with small tasks such as sorting mail
- Light housekeeping, laundry and shopping

Personal care services

- Bathing, grooming and dressing
- Assistance with walking
- Reminders for exercise and medication
- Alzheimer's and dementia care

Transportation and escort services

Go out in a clean, reliable car with the support of a trained staff member. We can drive you to the mall, social functions, or wherever you want to go.

Respite Care

For family members who need a rest from care giving, Care Connection provides skilled, caring staff to step in as needed at any time of day, or overnight.



Geriatric Care Management

Our professional staff plays an essential role in assisting seniors to successfully remain in their homes or chosen residential settings. When family caregivers live out of town or just need respite, advice and direction in caring for their loved one, we are there to provide support, resources and direct care.

Care Connection's Geriatric Care Manager works with our clients to help determine what's best for all concerned—and how to achieve it. Services include:

- Assessment, consultation and care planning
- Managing clients' medical and health care needs
- Education, referral, and placement assistance, when living at home is no longer the right choice.

Nursing and Clinical Services

- Medication management, scheduling appointments, arranging follow-up treatments
- Advocate for client at doctor, lab, and other visits
- Home safety evaluations and teaching
- Monitoring health changes
- Private duty nursing